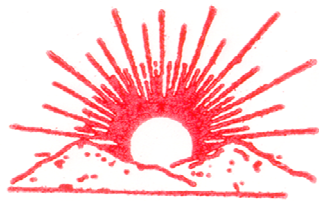


NABARUN

SEVA

NIKETAN



Vill. & P.O. – Pulsita
P.S. – Kolaghat,
Dist.—Purba Medinipur
W.B - 721154

☎ - (03228) 256 679 / 257 573
Email- Info_nsn@yahoo.co.in

ANNUAL REPORT **2008 – 2009**

***We can continue our mission
only when you
extend your helping hand.***

**DONATIONS TO NABARUN SEVA NIKETAN
ARE INCOME TAX EXEMPTED
UNDER SEC -80G OF THE I.T ACT, 1961.**

**RURAL EYE CLINIC
(HOSPITAL DEVELOPMENT)**

**CHILD
DEVELOPMENT
PROGRAMME**

**WOMEN
DEVELOPMENT
PROGRAMME**

**COMMUNITY
HEALTH CARE
PROGRAMME**

**OLDAGE
SPONSORSHIP
PROGRAMME**

**YOUTH
DEVELOPMENT
PROGRAMME**

**DISASTER
RELIEF
PROGRAMME**

**And
MANY OTHERS
PROGRAMMES**

Prelude

Nabarun Seva Niketan was established in 1976 as a non-profit, non-political Non Government Organization located in the remote village of Pulsita in Kolaghat Block under undivided Medinipur district. Initially the organisation emerged as Nabarun Sporting club . Afterwards with the change in objectives from mere 'Sporting activities' to 'Work for comprehensive development of the society', the organisation was renamed as Nabarun Seva Niketan in the year 1988

It is located about 75 kilometer away from Kolkata and connected by NH-6 (Bombay Road), and by S.E.Railway . The nearest railway station is Mecheda . Nabarun Seva Niketan is run by an elected governing body consisting of the members who are reputed persons of this locality with rich experience of working in social development sector. There are 89 nos. of employees in our organization with a good infrastructure and financial health. We have been implementing different projects for last three decades supported by many International, national level funding organization as well as by the Government.

Operational Area and its Profile

Our project area covers the entire Kolaghat block and its adjacent areas. The population density of the block is



very high. As a result the block is already over populated. 21. % of the area population belongs to the Below Poverty Line (BPL) category. The population comprises of 20% medium size farmers, 45% small or marginal farmers and 35% landless labourers. They generally belong to the scheduled caste and tribal communities. The majority marginal farmers and landless labourers fight for existence as daily wage labourers. The Geographical background of the Project area is plain land and the soil of this area is Alluvial. The rain set in this area

from June to September. The area is flood prone in case of heavy monsoon. Floriculture is one of the leading agricultural activities in this area and a large number of populations are directly and indirectly dependent on floriculture. The biggest thermal power project, Kolaghat thermal power plant' is situated near by and a huge quantity of ash and coal dust from the plant is affecting the local physical environment. The health care service is miserable here.

OUR MISSION

'To activate the concept of values for good governance among the people en mass through promotion of the people's active participation in the process of development of the society as a whole'

❖ **ACTIVITY SPOTLIGHTS IN 2008-09**

- ❖ **Development of Nabarun Eye Care Center**
- ❖ **Rejuvenation of Pre Primary Schools**
- ❖ **Primary Education - Nabarun Sishu Bikash Niketan-**
- ❖ **Children Festival**
- ❖ **SHG Activities and Mahila Mandals**
- ❖ **Tailoring Training Center For The Rural Women**
- ❖ **Training Programmes :**
- ❖ **Medical Aid Center for the Poor**
- ❖ **Blood Donation Camp**
- ❖ **Sponsorship Programme for Older Persons**
- ❖ **Livelihood Support programme for Older Persons**
- ❖ **Observance of days of special significance**
- ❖ **Awareness Programme on consumer rights**
- ❖ **Disaster relief programme**
- ❖ **Sports and games**
- ❖ **Reconstruction of School Building**

Development of Nabarun Eye

Care Center



Among our multidimensional activities in this year ,Nabarun Seva Niketan has given top priority to develop the Eye Hospital viz, Nabarun Eye Care Center . Our organisation has been working for last two decades in the field of ophthalmic care. We have been running an eye clinic especially for the poor rural eye patients since 1986. We have observed that the most of the eye patients in this area suffer from low vision due to cataract. Other than cataract cases, ophthalmic refraction

problem, Glaucoma, Terrisium, Sack, external infections are very common. More over ash and coal dust coming out from six giant chimneys of this power plant is affecting the eyes of thousands of people staying in this area. As there is no other eye hospital within the radius of 30 kms, the poor eye patients are deprived of getting qualitative eye treatment. Our organization has a very rich experience in organizing free Eye Camps. During the period from 1992 to 2003 we organized eye camps in every year with the support from Helpage International and conducted operations for more than 7000 eye patients by conventional method of surgery. Additionally our organization has been running an eye clinic since 1986 -87. During last few years we are in the process of establishing an Eye Hospital (Nabarun Eye Care Center) for the benefit of the poor eye patients. The construction work for this hospital had been completed in the previous year on the 2nd floor of our organization- building covering an area about 6000 sq ft. During this year under review, we have been able to equip the eye hospital. The ground floor is being used as OPD and pathological lab. The 2nd floor has been developed with a big OT room (400 sft) with an anti room as fumigation buffer, equipment-sterilization room (attached), surgeons' dressing room(attached), two separate wards for the male(612sft) and female(650sft) patients with 20 beds, 4

nos. of single- bed- cabins, RMOs rest room(one), Nurses/attendants rest rooms(two), store room office room, 14 nos. of toilets – attached to the respective wards and cabins and staff rooms. Our OPD and OT have been fabricated with required modern ophthalmic equipments for surgery and wards, cabins were furnished to admit patients. We are thankful to Consulate General of Japan, WBSEDCL and the Government of West Bengal for supporting us in this endeavor. Newly equipped OPD was inaugurated on the 18th June, 08 while the OT was inaugurated by Mr. Fujio Samukawa, the Consul General of Japan was present in this opening ceremony of our hospital Operation Theatre. Many individual donors have extended their kind support for developing this eye hospital.

Rejuvenation of Pre Primary Schools

Balwadi programme run by Nabarun Seva Niketan has entered into a new era from the 1st October, 2008. With the funding support of Asha For Education, New York, USA, all the 14 Pre- Primary Balwadi Centers have become rejuvenated with new dimension. School dress, mid-day tiffin, new educational kits etc have been distributed. Medical care facility in those schools for the children has been introduced which has been highly appreciated by



the community people in the respective areas. ASHA – NSN Balwadi Project has already made a positive impact in the mind of parents of the little children to send their little kids in our balwadi centers. The difference between the standard of balwadi schools which were running for last so many years and the standard of ASHA supported balwadi schools are highly visible. Implementation of this project has brought a substantial change in the outlook of community people towards the education of little children. The project has brought an important change in

the habit of the children who are eager to come to our school regularly. In comparison to other preprimary schools, the teaching technique of our teachers has made our children sharper and intelligent and modest in nature. The thrust area of our activity has been organizing joyful learning for our students. Use of educational toys has been very helpful and interesting for the children. Special orientation has been given to the children and their parents to maintain hygienic way of life. Apart from regular classes a special event viz 'Annual Bal Mela' was organized on Sunday the 8th February, 2009. This Annual Bal Mela was conducted with all the children of 14 Balwadi centers. The programme venue has been the main campus of Nabarun Seva Niketan. During this programme we organized cultural functions, sports events and various other competitions for the children.

Primary Education - Nabarun Sishu Bikash Niketan

In our area many poor families, who are not in a position to fulfill the basic needs of their children, generally send the children to work rather than putting them into school. Nabarun Seva Niketan believes that the formal education is essential to ensure a better quality of life for all children and a better world for all people. Our organisation has been able to bring a change in this kind of mentality of poor parents in regard to the education of their children. Hence, supporting formal education has always been our thrust area of activity. Today



'Nabarun Sishu Bikash Niketan' has become reputed institution of our locality, which has been running under the management of our organisation since 1990. Presently there are six classes from LKG to class IV in this school with the student strength of near about 450, coming from the near by as well as from distant villages. We keep our children engaged not only in curriculum, but also we provide them with a scope of joyful learning through various cultural programmes, sports and games and other various activities. We keep these little children engaged in prayer, singing songs, performing dance, dramas and participating in various competitions, sports and games for their all-round development. Emphasis is given on character building of the children based on good moral values and ethics. The teachers are well trained and committed in their work. Nabarun Seva Niketan management has always given required support for the smooth running of this school. However, the school is striving for its further development in terms of infrastructure.

Children Festival

Nabarun Seva Niketan has been organising the children Festival in every year since 1979, the International Year for the Children, declared by UNO. Since then we have been organising this festival by keeping the children in the centre of activities. With our objective to sensitize the community people regarding their duties towards the children and to make them aware of the rights and basic needs of the children, we have organized children festival in every year. In this year the Children Festival was organised for the longest period for a duration of nine days from 18th to 26th December, 2008. This is the 31st year of Children Festival, which has been organized by Nabarun Seva Niketan. We have arranged various types of cultural programmes especially by the children. Although we call it 'Children's Festival,' yet many other activities were covered. Drama , Jatra, Cultural



Function by the local artist on songs & dance , Seminars on various topics , Baby Show , Programme for the house wives ,Children's Health Checkup Camp , Blood Donation Camp, Sports & Games , various competitions , Prize distribution ceremony for the school children, Exhibition on Indian Classical epics etc were included in this programme. Many dignitaries including the high level Government officials, renowned personalities were present. A huge audience from the surrounding areas and distant places came to participate, enjoyed and

appreciated this function on each day. We are grateful to all of them for their kind cooperation. We also took this opportunity to inaugurate the Operation Theatre of our newly built-up Eye Hospital on the same day of the opening ceremony of this year Children's Festival. The Consulate General of Japan was present in this opening ceremony. The overall Festival programme was very much successful in terms of socio cultural point of view.

SHG Activities and Mahila Mandals

Our activities are directed principally towards the development of women and their children , especially for those women who are the poorest among the poor in every respect of life. Women who constitute almost half of the total population of any community and equally potential at par with their male counterparts should be given opportunity to participate in the process of the respective community development. To make proper use of the potential of these women force of our operational area, NSN has promoted so far 203 nos. of Self Help Groups (SHGs) known as Mahila Mandals with active participation of 1928 women of socio-economically disadvantaged communities and backward classes. These have resulted into mobilization of savings and recycle the resources generated among members. The members of these groups having separate names, meet in periodic intervals at particular place and time in every week to discuss their day to day problems, take decisions and act accordingly for their own development in sustainable manner. Presently these women members are doing their micro savings in two ways - Group savings as well as Individual savings under the Mahila Mandals. Many women of these SHGs have already become economically self reliant by initiating some micro enterprises and income generation

activities by availing loan from their groups' thrift saving. In this year we have a revolving fund of Rs 9,50,000/- which loans were distributed among 198 nos. of women SHG members to take up IGAs like paddy husking, bamboo working, paddy cultivation, Retail business, Tea stall, floriculture activity, pond fishery, kitchen gardening etc for their supplementary family income to lead a quality life. During this year 1520 women members in the Mahila Mondals have done their individual savings.



fund.
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Training Programmes :

Vocational Training for the under privileged students on printing technology was conducted by Nabarun Seva Niketan in this year. Agriculture training programme was also organized for common farmers of this area for their better output from their agricultural field.

Tailoring Training Center For The Rural Women

Our organisation has always given the rural woman a scope to learn and upgrade various skills, which could be helpful for their future life to undertake suitable economic activities. The tailoring training center which was



started in the year 1987 is still continuing with nearly 50 nos. of trainees in every year. Our organisation has engaged tailoring experts to train up these ladies so that they can produce varieties of garments, which would be marketable. We are hopeful that the trained woman will find suitable job in the local job market by upgrading their skills. We are really struggling to arrange the financial recourses to continue this training programme.

Medical Aid Center for the Poor

In this rural area the Govt. health support system can not fulfill the need of the area. In order to provide health care support to the people of this area our organisation runs a Medical Aid Centre especially for the poor rural people. Nabarun Seva Niketan has kept the provision of allopathic, homeopathic and ayurvedic system of treatment in this center. We run this center 6 days in a week This Medical Aid Centre covers especially those medical needs of the people, which have the utmost susceptibility like gynecology, pediatric as well as general treatment. Modern medical treatment in most of the cases is based on various types of pathological investigations. Since the facility of good quality pathological test is not accessible to the poor patients, we also run a pathological unit in our Medical Aid Centre, where local patients avail the facility of various types of tests in cheaper rate. During last year we have been able to provide treatment to 2420 nos. of patient under this project.

Free medicines are given to the destitute patients, which is supplied by the department of health, Government of West Bengal through Red Cross Society.

Blood Donation Camp

Our organisation has been conducting blood donation camps in memory of Late Shri Jhumarmal Bachawat for the last many years. There are many social minded motivated people who are eager to do something as the social obligations, get the opportunity to come forward during our blood donation camps. During this year under review, we have organized this programme in collaboration with Tamluk Blood Bank , Midnapur Blood Bank and Contai Blood Bank where 255 nos. of people donated their valuable blood. This programme enables us to provide regular support to those poor patients who require blood but cannot effort to purchase that in case of medical emergency. During last year 212 nos. of poor patients have been benefited to get blood free of cost against our blood donors' cards. We are thankful to Jhumarmal Bachhawatt Charitable Trust, Kolkata for their valuable support for this programme.

Sponsorship Programme for Older Persons

Nabarun Seva Niketan has been running an age care programme by adopting older persons, supported by HelpAge India since 1996-97. The objective of this programme is to provide better quality of life to the older people. Previously the project was known as

AAG (Adopt-A-Granny)project . Presently the project has been named as SAGP (Sponsor A Grand Parent) programme. Currently we have 97 numbers of older beneficiaries out of which 86 older persons are sponsored by overseas donors through Helpage International, assisted by 'Help the Aged-UK'. All of our beneficiaries are aged women. The status of 'adopted grannies' has been changed into 'sponsored grannies'. Presently we are working on more developmental pattern for the use of sponsorship money. Presently our



project is running under two guiding principles viz. (i) Community - based and driven, empowering older people and strengthening family and community support mechanisms , and (ii) Intergenerational in its approach. While we are implementing the project we are also trying to make it self sustainable. We are using a part of the sponsorship money for supporting various types of income generation activities by selected beneficiaries along with their family members. These activities are intergenerational in approach, absolutely community based to empower older people and to strengthen the family and community support mechanism and ultimately working towards the self sustainability of the programme. We are grateful to HelpAge India and Helpage International for continuation of this valuable support for a prolonged period to these helpless older persons.

Livelihood Support programme for Older Persons

Nabarun seva Niketan provides livelihood assistance for the older people through loan support activity from a revolving fund for the families of poor aged farmers, engaged in floriculture activity in our area. This revolving fund was provided by HelpAge India some seven years back. We are happy to mention that the project has been sustaining and expanding for the benefit of the families of older persons. The older beneficiaries are taking loan and repaying their dues regularly. A steady flow of fund is being observed during last seven years. By the assistance of this project floriculture has become a round the year activity for the families of selected beneficiaries, where the older beneficiaries can play a vital role by arranging the working capital in that family based IGP, without going to the private money lenders. This vital role has given our older beneficiaries a special status in their respective families. Today they are living in their families with dignity because they have a major contribution and tangible role for improving the overall quality of lives of their family members including themselves by protecting their families from the exploitation of rural money lenders. The local money lenders have been outclassed, which can be considered as a major outcome of this project. As on 31st March 2009, the number of beneficiaries has reached nearly 300 out of which many of them have taken loan for the second or third occasion after repaying their previous loans. We are thankful to HelpAge India for this assistance.

Observance of days of special significance

Nabarun Seva Niketan has the tradition to observe the days which have special significance. Like other years we have observed some Red Letter Days in this year like The Republic Day, The Independence Day, Birth Day of Mahatma Gandhi, Netaji Subhas Chandra Bose and Rabindranath Tagore. Besides, we also observed the International women's day and 'Sathbhavna Diwas' in this year to raise social awareness. Field Publicity on various issues entrusted by various Govt. Depts. was also initiated by us like awareness generation on HIV-AIDS, Anti Tuberculosis campaign etc. To observe those days we organised cultural programmes, seminars etc. Community people in general, students from different schools and the members of our organisation had participated in those programmes.



Awareness Programme on consumer rights

In this year the Department of Consumer Affairs has given us responsibility to implement an awareness generation programme on consumer rights. The success of consumer movement mainly depends upon the level of consumer awareness generated. In order to raise awareness among the people about consumers' rights our organisation had decorated a bus as a tableau by highlighting the issue to protect the rights of the consumers in relation to the goods purchased and services availed. This tableau traveled from Nabarun Seva Niketan, Pulsita to Tamluk and returned on the occasion of 'National Consumer Day' on 24th December 2008. We are happy to mention that the initiative was appreciated by the people on the route. A seminar was also organized on this occasion in our venue. The programme was successful to achieve the objective of this programme.

Disaster relief programme

Purba Medinipur is a flood prone district. People of this area experienced devastating floods for several occasions in past. In this year, monsoon entered into West Bengal on 6th June-2008. There was a heavy rainfall continuously for 12days in this district .Due to continuous rain and discharge of water from several dams, rivers like Keleghai, Subarnarekha, Kansaboti , Shilaboti, Rupnarayana and others started flowing over the danger level. Flood disaster out broke during 16th -18thJune,08 A vast area of nearly 2500 sq.kms were submerged in 15 Blocks. This natural disaster claimed about 70 human lives in this district only. Severely affected blocks were Patashpur-I& II Bhagawanpur- I& II , Panskura and Kolaghat. . Most of the agricultural land, rural link roads and human habitats were absolutely under the water while thousands of people became helpless. There was an acute scarcity of safe drinking water. Flood affected people were brought to Relief Camps. Relief assistance from the Govt. was inadequate. Nabarun Seva Niketan along with other local NGOs organized flood relief programme where dry food materials, tarpaulin sheets and clothing items were distributed among the fold affected people. S.S. Jain Shava of Kolkata , Himatsingka Foundation and some other donors extended their valuable support.



Sports and games

In this year the annual general sports events were organized in the month of January where many enthusiastic sports-loving people of the community had participated. Competition on various events of athletics were organised. Successful participants were awarded with prizes for 1st, 2nd and 3rd positions. Distinguished guests were invited in the prize distribution ceremony to encourage the participants. Since our organisation emerged from a sporting club, we have never neglected this aspect even after our involvement in various welfare and developmental activities. NSN provides special attention for the physical education of the local children. Regular coaching class for 'Yoga' was also organised in this year.

Reconstruction of School Buildings :

During this year Nabarun Seva Niketan has taken additional initiative for the reconstruction, renovation and extension of Deulia Balika Vidyalaya and Nonachawk Arya Primary School with kind support from L.W.S.I. The initiative has benefited good numbers of local students to get quality education from those schools. We have further vision to take up such need based programmes for other local schools.

Visitors of the year

- MR. FUJIO SAMUKAWA, CONSULATE GENERAL OF JAPAN, KOLKATA
- MR. M. K. DEY (IAS), CHAIRMAN, W.B.S.E.D.C.L, KOLKATA.
- MR. SUBHENDU ADHIKARI, M.P., TAMLUK, PURBA MEDINIPUR.
- MR. K. N. BEHERA (IAS), SECRETARY, MINORITY AFFAIRS.
- MR. S. M. KANKARIA, TRUSTEE, SHREE S. S. JAIN SABHA, KOLKATA.
- MR. SUDIPTA CHAKRABORTY (WBCS), B.D.O., KOLAGHAT BLOCK.
- MR. S. DASPATNAIK, DIRECTOR, HRD & STRATEGY, APEEJAY SURRENDRA GROUP, KOLKATA.
- MR. T. K. MANDAL, YOUTH COORDINATOR, N. Y. K., TAMLUK.
- MR. S. S. HIMATSIKKA, HIMATSIKKA FOUNDATION, KOLKATA.
- MR. D. K. SARAF, CHAIRMAN, ANANDALOK, KOLKATA.
- MR. JOYDEV NAYAK, EMINANT SOCIAL ACTIVIST, KOLKATA.
- MR. RANAJIT MANDAL, SABHADHIPATI, PURBA MEDINIPUR.
- MR. AJIT NAYAK, FORMER JUSTICE, KOLKATA HIGH COURT.
- MR. RAMESWAR MISHRA, HON,BLE DISTRICT SECRETARY, INDIAN RED CROSS SOCIETY, TAMLUK.
- MR. D. K. MANDAL, ASST. SECRETARY, CA & FBP, GOVT. OF W.B., TAMLUK.
- MR. S. CHAKRABORTY, FIELD EXECUTIVE, IGSSS, KOLKATA.
- MR. R. K. Nayak, CMOH, GOVT. OF W.B., TAMLUK. PURBA MEDINIPUR.
- MR. BIPLAB ROY CHOWDHURY, EX. M.L.A., KOLAGHAT.